East Meon Church of England Primary School Relationships, Sex and Health Education (RSHE) Policy

Date created: October 2026

Review date: October 2027

Policy owner: Marcel Penarroja (Headteacher)

Operational lead: Headteacher

Linked governor committee: Full Governing Body

RATIONALE, DEFINITION AND ETHOS

The Department for Education requires all schools to teach the statutory Relationships Education and Health Education curriculum as set out in the updated statutory guidance effective from September 2026. In addition, some statutory Science curriculum content makes links to aspects of Relationships and Sex Education (RSE).

At East Meon Church of England Primary School, our Relationships, Sex and Health Education curriculum is rooted in our Christian vision: Learning inspired by love, hope and courage. We believe every child is uniquely valued and loved by God.

We aim to develop positive relationships, promote wellbeing, equip children to stay safe online and offline, foster resilience, teach personal boundaries, prepare children for puberty and celebrate diversity whilst promoting equality and inclusion.

ROLES AND RESPONSIBILITIES

Governors are responsible for ensuring an appropriate policy is in place and monitoring its implementation. The Headteacher is responsible for curriculum delivery, policy review, staff training and managing withdrawal requests. Staff are responsible for delivering RSHE effectively and sensitively and following safeguarding procedures.

WHOLE SCHOOL APPROACH

RSHE is delivered through a whole-school approach linked to safeguarding, behaviour, online safety, anti-bullying, mental health and wellbeing, equality, SEND and collective worship.

CURRICULUM DESIGN

The curriculum includes: families and people who care for me; caring friendships; respectful relationships; online safety and awareness; being safe; mental wellbeing; physical health; healthy lifestyles; personal safety including roads, railways and water safety; developing bodies; puberty; human reproduction; and age-appropriate sex education in Upper Key Stage Two.

SAFE AND EFFECTIVE PRACTICE

Ground rules are established for discussion. Pupils may ask questions and anonymous question opportunities are provided where appropriate. Resources are age-appropriate, accurate and inclusive.

ENGAGING PARENTS AND OTHER STAKEHOLDERS

Parents are children's first educators. The school consults parents when reviewing policy and curriculum provision and makes curriculum materials available on request. Pupil voice and governor feedback contribute to curriculum development.

RIGHT TO WITHDRAW FROM SEX EDUCATION

Parents may request withdrawal from non-statutory sex education. Parents may not withdraw children from Relationships Education, Health Education or National Curriculum Science.

SAFEGUARDING

RSHE contributes directly to safeguarding by helping children recognise abuse, understand healthy relationships, identify trusted adults and know how to seek help. Any disclosures are managed in accordance with the school's safeguarding procedures.

MONITORING, REPORTING AND EVALUATION

The Headteacher monitors implementation through lesson visits, curriculum review, pupil voice, staff feedback and parent feedback. Governors receive reports on provision and impact.